

**Strengths card to:**

.....

**Some of your strengths:**

The form consists of a large rectangular area with a red border. A horizontal line divides the area into two sections. The top section has a downward-pointing arrow on the left side and an upward-pointing arrow on the right side. The bottom section has an upward-pointing arrow on the left side and a downward-pointing arrow on the right side.

**From**.....

**Date** .....

**Strengths card to:**

.....

**Some of your strengths:**

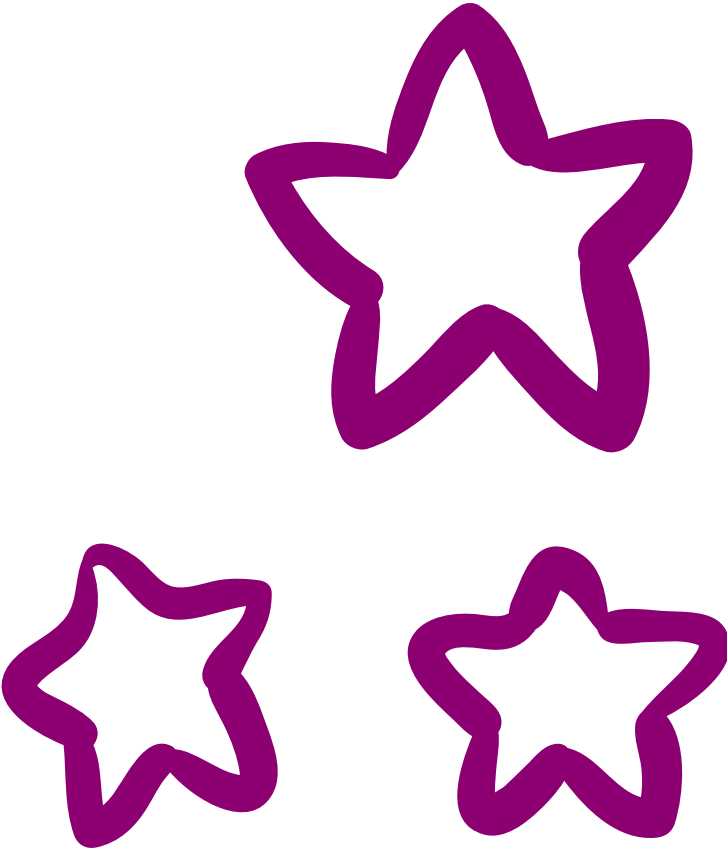


**From**.....

**Date** .....

**Strengths card to: .....**

**Some of your strengths:**



**From..... Date .....**